



SCORING INDEX

Find the number that matches the time frame (Most of the Time, Frequently, etc.) you checked on each of the 30 items of the self-evaluation.

Example: If you put an X under "frequently" for number 1 in the self-evaluation, you would put a 2 in the score column to the right of the "Frequently" column below.

Then, go to the bottom of the spreadsheet, and see how your score compares with the scoring chart.

Question Number	Most of the Time Score	Frequently Score	Occasionally Score	Almost Never Score
1.)	1	2	3	4
2.)	4	3	2	1
3.)	1	2	3	4
4.)	4	3	2	1
5.)	4	3	2	1
6.)	4	3	2	1
7.)	4	3	2	1
8.)	1	2	3	4
9.)	1	2	3	4
10.)	1	2	3	4
11.)	4	3	2	1
12.)	4	3	2	1
13.)	1	2	3	4
14.)	4	3	2	1
15.)	4	3	2	1
16.)	4	3	2	1
17.)	4	3	2	1
18.)	4	3	2	1
19.)	4	3	2	1
20.)	4	3	2	1
21.)	4	3	2	1
22.)	4	3	2	1
23.)	1	2	3	4
24.)	4	3	2	1
25.)	4	3	2	1
26.)	4	3	2	1
27.)	4	3	2	1
28.)	4	3	2	1
29.)	4	3	2	1
30.)	4	3	2	1
Totals	0	0	0	0

Your Score

Scoring

- 110 - 120 = Superior
- 99 - 109 = Above Average
- 88 - 98 = Average
- 77 - 87 = Fair